**Retainer Guidelines**

Upper: Bonded Clear Wire

Lower: Bonded Clear Wire

Upper Instructions

Lower Instructions

**The retainer Phase of treatment is just as important as the Braces Phase. If you don’t wear your retainers, your teeth will move. Bring your retainer(s) to all follow-up appointments!!**

When your retainer isn’t in your mouth, it should be in the case (not pockets, lunch trays, or napkins!!)

Keep Retainers away from pets…They love the smell of your saliva!!!

Retainers, like any product, need maintenance. If cared for properly, they should last you a long time, but nothing is permanent, so they will eventually need replacement.

Do not leave your retainer/case in hot places or wash them in hot water as they can melt and deform

Clean retainers after removal- you can use cool water and a separate soft bristle toothbrush

Clear Retainer Replacements are $150 each

Bonded Retainer Replacements are $175 each

Wire Retainer Replacements are $200 each

Call us immediately if you lose or break a retainer….It is much easier (and less expensive) to replace or fix a retainer than to wait until your teeth get crooked and get braces again!!

I acknowledge that my retainers fit correctly at this delivery appointment and understand that the only way they will stop fitting is if they are broken or not worn as instructed.

Patient \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Guardian\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_